Task:	0 – Not	1 – Partially	2 – Fully	Notes
	Proficient	Proficient	Proficient	
Ness Dout Light in grange	Glue Pl	ulling Exercise		
Place Dent Light in proper location.				
Proper position of Dent Light to the panel.				Light must be parallel to the panel.
Identify size and shape of damage.				
Select appropriate size dent- pulling tab.				Tab should be same size or slightly smaller in diameter and similar shape. Do not use tab larger than size of dent.
Clean area appropriately.				91% isopropyl rubbing alcohol to remove all grease and wax for glue adherence.
Clean glue-pulling tab.				91% isopropyl rubbing alcohol.
Proper glue application.				80% of tab filled with glue about 1/8 inch thick.
Dent-pulling tab placement				Placed in the exact center or deepest point of dent. Apply straight and perpendicular to panel.
Start with test pull				Allow glue to harden/set up 10-15 seconds. If first attempt fails, increase glue dry time 5-10 seconds.
Proper identification of pulling tool.				Slide hammer or dent lifter. Slide hammer is a shock pull. Dent lifter is a static pull.
Proper application of Slide Hammer.				Be sure to pull straight perpendicular to the panel, not at an angle.
Proper application of height				Do not use the height
adjustment on dent lifter.				adjuster to pull dent.
Remove excess glue residue.				Use 91% isopropyl alcohol.
Identify result of first pull.				If low repeat steps above, if high remove high spot.

Remove high spot, refer to high spot lesson.	Use a blunt or round tip to prevent creating
	additional low spots.
Cross Check procedure.	Determine if additional
	glue-pull necessary based
	on result.